



## AE - Helping Hands

### *Extension Activities*

Each month we provide curriculum, instruction, and materials for 6 to 8 activities. We also provide a list of “Extension Activities.” These activities are not covered in our video training and may require additional items from home.

### **Age Appropriate Chores**

A big part of the Montessori philosophy is teaching your child independence and responsibility. A great way to do this is to give them age-appropriate chores. Be sure that the task is theirs alone, and that they know they are responsible for getting it done. Here is a sample list of age appropriate chores:

- Fold washcloths
- Match socks
- Empty silverware from dishwasher
- Water plants
- Dust furniture
- Wipe table after meals

There are a lot of simple tasks you can allow your child to be responsible for that will help them become aware of their environment, have a sense of purpose, and become an active member of the family.

### **Hanging Clothes**

Putting clothing on a hanger is not an easy task for a child. Showing them how to do it will make them feel confident and will help you in the long run!

### **Small Broom or Mop**

There are a lot of places that sell child-sized brooms and mops that are fully functional. Your child will love helping you with these tasks!

### **Cooking**

Using some of the materials provided, you can have your child help you cook or bake something simple. Some things that might be fun to do together are: cookies, pancakes, oatmeal, fruit salad with yogurt, etc.

### **More Napkin Origami**

We lothis fantastic website with lots of ideas for folding napkins. They range from simple patterns to more complex. Check them out: <http://www.napkinfoldingguide.com/>.



### **Hand-Washing Clothes**

After your child gains some experience with washing small objects, you can have them begin to hand wash small articles of clothing. This may be fun to do outside. Using a large bowl or tub, fill it with water and soap, then allow your child to wash the clothing. When they are finished, they can hang the clothing to dry in the sun.

### **3 Part Cards**

Use 3 Part Cards to help your child learn the names of the different articles of clothing. First, match just the parts, then match the parts and words. Your child doesn't need to know how to read to match the words, just to be able to recognize that the shapes are the same. For the older children, have them match the words by reading them, and just labeling the card without the word.

If you come up with any extension activities at home, make sure to post a note on the forum for other parents to see: <http://www.montessoribymom.com/member/forum/mbymom/ac/>