



AI - Making Music

Extension Activities

Each month we provide curriculum, instruction, and materials for many activities. We also provide a list of “Extension Activities.” These activities are not covered in our video training and may require additional items from home.

Conducting Stick

Pretend to be a music conductor. Tell your that when you lift your hands in the air with your palms up, you want them to play their instrument loudly. Then, show them that as you bring your hands and palms down, that means that you want them to play their instruments quietly. Practice this several times, then switch roles with your child. They will love conducting and having you play loudly and softly. This activity is great because they will learn to pay attention to your hand signals and non-verbal commands.

BINGO sticks

Use the rhythm sticks and sing the children’s song ‘BINGO’. Instead of clapping your hands, use the rhythm sticks to tap the missing letter.

If You’re Happy And You Know It

Sing the classic song ‘If You’re Happy And You Know It’. Instead of saying ‘clap your hands’, say ‘tap your sticks’, ‘tap the floor’, ‘tap your toes’, etc.

Circus Tricks

Using the jingle bells, have your child pretend that they are in the circus.

- Make a line on the floor with tape, rope, or chalk if you are outside. Then, try to balance the bells on your head while you walk on the ‘tightrope’ that you made. You can also try to balance the bells on your arm, shoulder or hands.
- Spin the bell bracelet on your finger, and try to keep it from falling.
- Toss the bell bracelet in the air and try to catch it before it falls to the ground. Then, try tossing it and catching it with the opposite hand.

Freeze Dance

Dance to some fun music. At a random spot, pause the music and freeze. I loved telling my students to become still as a statue. Then, turn it back on and repeat. This is great for developing the ability to listen and follow directions.

You can also play this game while marching around the room, or while playing with the jingle bells or other musical instruments.