

# BC - Journey To Japan

## Extension Activities

Each month we provide curriculum, instruction, and materials for many activities. We also provide a list of "Extension Activities." These activities are not covered in our video training or activities guide and may require additional items from home.

#### Find Japan On A Map

Using a map, identify where Japan is. Then, show where you live and compare the distance from the countries.

## Learn About Japanese Culture

Go to your local library and look for books on Japan. You can discuss the food, traditional clothing style, some of the cultural habits, etc. and compare them to your own family traditions and foods that you like to eat.

## Make Sushi!

Using their newfound sushi rolling skills, you and your child can make sushi at home! This can be a fun, messy, experience. Rolling sushi is a great fine motor skill building exercise. You can find a lot of great recipes online, and feel free to be creative with the ingredients you add to your sushi. Some of our favorite ingredients for sushi are: Fresh tuna, cucumbers, egg (cooked like an omelette and cut into strips) carrots, and avocado.

#### **Explore More Countries**

Go to your local library and look for books on other countries and cultures. You can also use this Toolbox in combination with the Earth Exploration theme.

#### **Discuss Evaporation**

Using the Magic Board provides a great opportunity to discuss evaporation, and why the water disappears as it dries.

## Learn About Recycling

Making paper provides the perfect opportunity to talk about recycling! Share with your child how you can take paper that was already used and recycle it to make new paper! Explain that this is the same kind of thing that happens when we place bottles, paper, and other reusable materials in recycling bins.