

BD - Delicious Discoveries

Extension Activities

Each month we provide curriculum, instruction, and materials for many activities. We also provide a list of "Extension Activities." These activities are not covered in our video training or activities guide and may require additional items from home.

Popcorn Transfer

Transfer popped corn instead of just the kernels for a different experience and a healthy snack!

Popcorn Transfer With Tweezers

Add a level of difficulty by having your child transfer the popcorn kernels one at a time with tweezers. This will encourage concentration and patience!

Dried Corncob Activity

Purchase dried corncobs (with the kernels still attached). This is sometimes called "Indian corn". Have your child remove the individual kernels using tweezers, and placing them into a bowl. Then, the kernels can be used for future transferring activities!

Setting The Table

Once your child has learned how to set their place using the "I Can Set the Table" mat, remove the mat and allow them to set their place without it. Gradually allow them to help set their place and others for meal times. Eventually, they can be responsible for setting the table by themselves.